



# Good Time Good Life

High Int.

Erin Bowman

Music: Erin Bowman, CD: Good Time Good Life  
Choreo: Gunnar Lanatowitz (May 2019)  
23. ECTA Clog Convention, 17.-19.05.2019, Loccum

3:05  
113 bpm

Wait 16 beats

Sequence: **A B C B A C D C D C E C\***

## Part A (32)

Rhythm Rocks DS DT S S RS DS DT S S RS DS RS  
L R R L RL R L L R LR L RL  
&1 e& a 2 &3 &4 e& a 5 &6 &7 &8

Bella Click DS HOP H(xif) S HOP S(ots) SLR S(xib) RS DT BA(heels out) CLK Drop(H) RS  
R R R L L L R L L RL R bt bt L RL  
&1 & a 2 & 3 & 4 &5 & 6 & 7 &8

Repeat all above opposite footwork

## Part B (16)

3 Pothole |----- 1/4L -----|  
DT BA(heels out) CLK(H) UP/H turn 1/4 L  
L,R,L L -----both----- R L  
& 1 & 2

Heel Rock Step H(if) RS  
R R RL  
1 &2

Repeat all above opposite footwork and direction

## Part C (32)

Scots DS SL S SL RS SL  
L L R R LR R  
&1 & 2 & 3& 4

half Modified |1/4L|  
DS DT(xif) H DT(unx) H TCH S/H turn 1/4 L  
Scotty L R L R L R R L  
&1 & 2 & 3 & 4

short Omi R H(ots) R S(xif)  
L R R L  
& 1 & 2

Basic |1/4L|  
DS RS turn 1/4 L  
R R LR  
&1 &2

Kick Heels DS KK(ots) KK(xif) KK(ots) S KK(ots) KK(xib)  
L R R R R L L  
&1 & 2 & 3 \$ 4

## Part D (32)

Slap & Turn |--- 1/4R ---|  
DT/DR UP/SL DR S R(if) S KK/DR UP/SL turn 1/4 R  
L R L R R L R L R L R L  
& 1 & 2 & 3 & 4

Eric DS DT(b) SL R H(w) RS  
R L R L R LR  
&1 & 2 & 3 &4

Repeat all above as written three more times

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Sequence: **A B C B A C D C D C E C\***

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## Part E (32)

|            |    |          |     |        |          |     |   |
|------------|----|----------|-----|--------|----------|-----|---|
| Ira's Step | DS | TCH(xib) | HOP | S(ots) | TCH(xib) | HOP | S |
|            | L  | R        | L   | R      | L        | R   | L |
|            | &1 | &        | 2   | &      | 3        | &   | 4 |

|              |     |          |    |    |  |  |            |
|--------------|-----|----------|----|----|--|--|------------|
|              |     | --3/4R-- |    |    |  |  |            |
| Stomp Double | STO | DS       | DS | RS |  |  | turn 3/4 R |
| <b>R</b>     | R   | L        | R  | LR |  |  |            |
|              | 1   | &2       | &3 | &4 |  |  |            |

**Repeat all above as written three more times**

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## Part C\* (6)

|       |    |    |   |    |    |    |
|-------|----|----|---|----|----|----|
| Scots | DS | SL | S | SL | RS | SL |
|       | L  | L  | R | R  | LR | R  |
|       | &1 | &  | 2 | &  | 3& | 4  |

|             |    |    |
|-------------|----|----|
| Double Step | DS | SL |
| & Slide     | L  | L  |
|             | &1 | &  |

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